

Napa County Social and Emotional Learning Community of Practice 2023-24



Join us to support the social emotional well-being of adults in the education field. Through a collaboration with **Educator's Thriving**, this community of practice will focus on targeting the preventable causes of burnout and fatigue with evidence-based strategies, including **Boundaries, Habits, Prioritizing**, and more. Sessions will help educators lead balanced lives and enjoy enduring career growth!

\$100 STIPEND PER SESSION ATTENDED!

[REGISTER HERE](#)

WHAT	A research-based personal development program to help educators sustain well-being. Learn more here: Overview Video
WHO	Open to all Napa County certificated and classified staff
WHEN + WHERE	9/14/2023, 10/12/2023, 11/16/2023, 12/14/2023, 1/11/2024, 2/8/2024, 3/14/2024, 4/11/2024 4:00-5:30 pm via Zoom

Questions? Contact: Jill Barnes at jbarnes@napacoe.org