SOCIAL-EMOTIONAL LEARNING SPEAKER SERIES

Session 2
Thursday, February 1, 2024
4:30-6:00pm
at Napa COE - 2121 Imola Avenue

Tyler Hester
Dr. Hester is the CEO and founder of the Educators Thriving program. Educators Thriving is a research-based personal development program to support educator well-being.

This session’s topic is “Appreciation,” where we'll learn more about the research behind this topic, reflect on our appreciation preferences and make a plan for expressing appreciation for the people in our lives.


For questions, please contact:
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